



## **SWEAT — A SPACE TO BELONG**

Sweat Isn't Just A Fitness Gym— It's A Community Built On Acceptance, Strength, And Self-discovery. In This Non-judgmental Space, Every Person Is Free To Show Up Exactly As They Are, Move With Purpose, And Grow With Confidence. Here, Healing Begins With Courage — And Every Drop Of Sweat Tells A Story Of Becoming.







# THE ART OF BECOMING

ONE HEART. ONE STORY. ONE WORLD HEALING TOGETHER.

*Seeds Of Healing*

# RETURNING WITH PURPOSE: A TRIBUTE TO MARY PRICE WARD



There Are Some People Whose Presence  
Changes Everything Whose Compassion  
Lingers Like Sunlight Long After They're Gone.  
For Me, That Person Was Mary Price Ward.

When I Founded World Of Logic, My Goal Was To Create A Space Where Healing Could Begin  
Through Understanding. Mary Believed Deeply In That Vision. She Joined Me In That Mission And  
Became A Co-founder, Bringing Warmth, Empathy, And An Unshakable Belief That Awareness  
Could Save Lives. Together, We Planted The First Seeds Of What Would Become A Movement For  
Education, Compassion, And Change.

As Time Went On, I Began Building Sunflower Seeds Of Healing — A Broader Mission To Extend That  
Message Of Hope Across The World. It Was During That Time, As I Was Developing Sunflower Seeds  
Of Healing, That Tragedy Struck. Not Long After One Of Our Last Conversations, Mary's Life Was  
Taken — Not By Illness Or Fate, But By Her Own Son, Lost In The Shadows Of Untreated Mental Illness.  
Writing Those Words Still Feels Impossible. How Could Someone Who Embodied Such Compassion  
Be Taken By The Very Pain She Spent Her Life Trying To Heal?

The Loss Shattered Me. For A While, I Stepped Back — Not From The Mission, But From The Noise —  
To Find Strength Again. And In That Quiet, I Could Still Hear Her Voice, Calm And Clear, Reminding  
Me That Healing Doesn't End In Tragedy; It Begins Again When We Choose To Rise.

So I Kept Going.  
I Poured That Pain Into Purpose, Determined To Make Sure No One Would Walk Through That  
Darkness Alone.

Today, World Of Logic Is Dedicated In Mary's Honor — A Lasting Reflection Of Her Compassion, Her  
Insight, And Her Belief That Understanding Is The First Step Toward Healing.

Mary's Life Will Never Be Defined By How It Ended, But By How It Continues To Inspire Awareness,  
Education, And Hope. Her Light — Our Light — Lives On.

In Loving Memory Of Mary Price Ward (October 8, 1960 – July 23, 2025).